



EXECUTIVE EDUCATION

# Inspirational Leadership *at Kylemore*



*"The location is special and crucial to the success of the course. Also, the balance between class activity and guest speakers was excellent. Fantastic overall"*

Mary Fitzgerald  
VP Human Resources  
Crosscom National

**Inspirational Leadership at Kylemore is a unique, immersive, residential leadership program for experienced leaders who want to become more effective by developing their capacity and capability to be agile and resilient and lead more effectively in today's ambiguous, uncertain, and complex environment.**

8 - 12 April, 2024  
7 - 11 October, 2024  
residential course

Participation fee:  
\$5,995 / €5,995

The Inspirational Leadership at Kylemore experience inspires and challenges you to develop your capacity as a leader with:

- Self-awareness: Individual executive coaching to maximize your takeaway from a robust 360° feedback survey tool that goes well beyond only identifying strengths and weaknesses
- New approaches: Innovative tools and perspectives to advance your ability to manage complexity & ambiguity and lead change
- Practical applications: Introduction of practices in personal reflection, critical thinking and optimizing good health
- Real-world implications: Application of innovative leadership tools, models, and approaches to real life issues – personal, business, or organizational

### INCREASED EXECUTIVE CAPACITY

Through the introduction of powerful tools and new perspectives, including Immunity to Change and Polarity Management, you will get a better handle on effective ways to diagnose issues, develop change initiatives, and evaluate strategic options for your everyday business needs. This signature Notre Dame program for established executives helps you find creative solutions to pressing business issues and drive change.



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## EXECUTIVE EDUCATION

# Inspirational Leadership *at Kylemore*

*"Very surprised at the length & deep of my learning experience. Leaving feeling inspired & ready to development of my leadership skills further"*

*Kate McGuinness  
Head of Managed Services  
Sigmar Recruitment Consultants, Ltd.*

Inspirational Leadership at Kylemore is a transformational experience for the experienced, successful leader seeking development and a new perspective on how to embrace the challenges of a highly competitive, and complex environment and create sustained competitive value for their organization. In taking this holistic, integral approach to leadership, you will find multiple opportunities for personal and professional growth via feedback and reflection on your own values, competencies and even your limiting strengths. We offer a developmental approach to leadership that allows you to increase your capacity and impact as a leader in a dynamic, complex, and uncertain environment.

The week inspires you to expand your leadership capacity with:

- A new perspective about the complexities and connections of leadership
- Individual executive coaching to maximize your takeaway from a robust 360° feedback survey tool that goes beyond just strengths and weaknesses
- Finding deep insight into your values, behavior and motivations that drive behaviors and decisions
- New tools, perspectives and practices to build leadership capacity and lead effective change in an unstable and complex environment
- Practices in personal reflection and critical thinking to enhance self-awareness
- Lifestyle practices that optimize your good health
- Hands-on application of key tools to a business or leadership challenge you will bring to the programme
- The opportunity to step away, think and reflect about the leader you want to become in a unique, reflective and iconic location in the west of Ireland



### Key Programme Modules

- Vertical Development
- Leadership Assessment (The Leadership Circle Profile 360 assessment)
- Values in Leadership
- Addressing Your Own Individual Strategic Business Issue
- One on One Personal Executive Coaching
- Immunity to Change
- Resilience and Coherence
- Team Productivity: Getting fantastic results from your people by changing your perspective (utilizing the Kirton Adaption-Innovation Instrument)
- Making Sense of Complexity (utilizing Polarity Management)

### Your participation fee includes:

- The Leadership Circle Profile™ 360-degree assessment
- 90-minute Executive Coaching session
- Meals, refreshments and four nights of accommodations at Kylemore Abbey
- All transportation once you arrive at Kylemore; you are responsible for your travel to and from Kylemore Abbey.

The content delivered will challenge your current assumptions about leadership, provide you with new tools and perspectives, and allows time for the reflection needed for the development of a plan moving forward to ensure your learning objectives are accomplished.

<https://kylemore.nd.edu/programs/leadership-programs/inspirational-leadership-at-kylemore/>





## Inspirational Leadership *at Kylemore*

### LEADERSHIP ASSESSMENT AND ONE-ON-ONE COACHING

The week includes executive coaching based on a robust 360° feedback instrument, The Leadership Circle Profile™. The Leadership Circle Profile accurately measures skills in high achievement leadership that correlate strongly to output and creating results.

**“While traveling the roads between Galway City and Kylemore I realized I had made quite a time commitment to this venture, and I was arriving to the Abbey with some trepidation and wondering if it was all going to be worth it... it definitely was. The place, coupled with the program, allowed me to disconnect from the day to day distractions and really contemplate my life as a leader, both professionally and personally. Overall, the Kylemore experience allowed me to reflect on my role as a leader, reassess some of the perceived and real challenges I face as a leader, and recommit myself to being a better leader in the future.”**  
*Walter Healy, President/CEO, Community Bank of Oak Park River Forest, IL, USA and 2017 Kylemore Participant*

#### Your Program Experience

Inspirational Leadership at Kylemore moves away from the traditional classroom environment to create a more all-encompassing, transformational experience for those who sincerely want to take their leadership to the next level. You'll learn how to better account for yourself, those around you, and the systems in place within your organization.

#### For more information

Lisa Caulfield,  
Kylemore Abbey Global Centre  
lcaulfield@nd.edu  
+353 (0)95-41815

Paul Slaggert  
slaggert.4@nd.edu  
+1 (574) 631-0564

#### Up Your Intuition

Because authentic leadership starts from within, placing more attention on discovering more about yourself than ever before will lead to sustained success. Gain Confidence and Self Insight Learn how to adapt your inner leader to be more effective in leading teams and resilient the next time you face a challenge.



#### Inspiration

The backdrop of mountains and lakes in the heart of Connemara in County Galway and the reflective, serene setting of Kylemore Abbey invites you to be inspired and to inspire others.



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